



Training services

Equip your people with the awareness and understanding that they need to reduce risk in your workplace

- Learn from the broad range of vocational and industry experience of our consultants.
- Choose from standard or customised training services, in-person or virtual delivery.
- Balance the need to meet your compliance obligations with engaging, best practice training.
- Consider advisory services to ensure you get the most out of your training investment.

Advisory services	e-learning modules
<ul style="list-style-type: none"> • Training needs analysis • Induction program development • Training calendar development and administration 	<ul style="list-style-type: none"> • Manual handling • Ergonomics • General safety induction • Mental health awareness • Bullying • Sexual harassment • Code of conduct
Webinars	Training services
<ul style="list-style-type: none"> • Retire and thrive series • Work and thrive series • Men's health • Women's health • Mental health (including burnout, mindfulness, resilience, coping strategies, mental health literacy etc) • Physical health (including sleep, exercise, nutrition) 	<p>Mental Health</p> <ul style="list-style-type: none"> • Mental Health First Aid and Mental Health Awareness <p>Physical Health</p> <ul style="list-style-type: none"> • Manual Handling, Ergonomics and Physical Conditioning/Injury Prevention <p>Compliance</p> <ul style="list-style-type: none"> • Return to work • Psychosocial health and safety • Respectful behaviours (e.g. Respect at Work and anti-bullying) • Occupational violence and aggression <p>Team and Leader Capability</p> <ul style="list-style-type: none"> • Frontline leader training, psychological safety and building safe teams, Contact Officer and Peer support

For your training needs contact us at workforcehealth@recovre.com.au

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